

# HEALTH HISTORY

Date: \_\_\_\_\_

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*All information is treated as strictly confidential. The more fully you complete this form, the better we will be able to diagnose and treat you.*

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Office Use Only Temp \_\_\_\_\_ HR \_\_\_\_\_ BP \_\_\_\_\_ RR \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ BMI \_\_\_\_\_

## CHIEF COMPLAINT (Why are you seeing the doctor today?)

Chief Complaint: \_\_\_\_\_

Location of Pain:  Head  Neck  Back  Other \_\_\_\_\_ Date Started: \_\_\_\_\_Does the Pain extend into your  ARMS or  LEGS?  Yes  No

How bad is your pain on a scale of 1-10 (1 = minimal &amp; 10 = worst) At its Best: \_\_\_\_\_ At its Worst: \_\_\_\_\_

What makes it - Better \_\_\_\_\_ Worse \_\_\_\_\_

Have you been treated with:  Physical Therapy  Chiropractor  Pain Management  NSAIDS (Advil/Aleve)

## CURRENT AND PAST MEDICAL PROBLEMS

 Hypertension  Diabetes  Osteoporosis  
\_\_\_\_\_  
\_\_\_\_\_

### SURGERIES

### YEAR

### ANY COMPLICATIONS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## MEDICAL ALLERGIES

## ALLERGY SYMPTOMS

\_\_\_\_\_  
\_\_\_\_\_

## CURRENT MEDICATIONS (RX or OTC)

## STRENGTH / DOSAGE (attach list for numerous meds)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Blood Thinner's? \_\_\_\_\_

## SOCIAL HISTORY

Occupation: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  WidowChildren:  Yes  No How Many? \_\_\_\_\_Do you Smoke?  Yes  No  Quit \_\_\_\_\_ how long  Never Smoked Cigarettes \_\_\_\_\_ packs per day for \_\_\_\_\_ year's  Cigars/Pipe  Smokeless TobaccoDo you drink Alcohol?  Never  Rarely  Socially  Regularly

## FAMILY HISTORY

Alive Age Medical Problems

Father  \_\_\_\_\_Mother  \_\_\_\_\_Sister/Brother  \_\_\_\_\_Sister/Brother  \_\_\_\_\_

# Review of Systems

CHECK ALL THAT APPLY

## Constitution

- Activity Change
- Appetite Change
- Fatigue

## Head/Ears/Nose/Throat

- Congestion
- Dental Problems
- Ear Pain
- Facial Swelling
- Hearing Loss
- Tinnitus
- Trouble Swallowing

## Eyes

- Photophobia
- Visual disturbance

## Respiratory

- Apnea
- Chest tightness
- Cough
- Shortness of Breath
- Wheezing

## Heart

- Chest pain
- Leg swelling
- Palpitations

## GI

- Abdominal distention
- Abdominal pain
- Blood in stool
- Nausea
- Vomiting

## Endocrine

- Hot/Cold Intolerance
- Excessive Thirst

## Urinary

- Difficulty urinating
- Incontinence

## Muscular

- Joint pain
- Gait problems
- Neck pain
- Neck stiffness
- Back pain

## Skin

- Color change
- Pallor

## Immune

- Immunocompromised

## Neurological

- Dizziness
- Facial asymmetry
- Headaches
- Numbness
- Seizures
- Speech Difficulty
- Syncope
- Tremors
- Weakness

## Hematologic

- Swollen lymph nodes
- Easy Bleeding

## Psychiatric

- Confusion

The above information is accurate to the best of my knowledge.

PATIENT SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

revised 5-10-2017